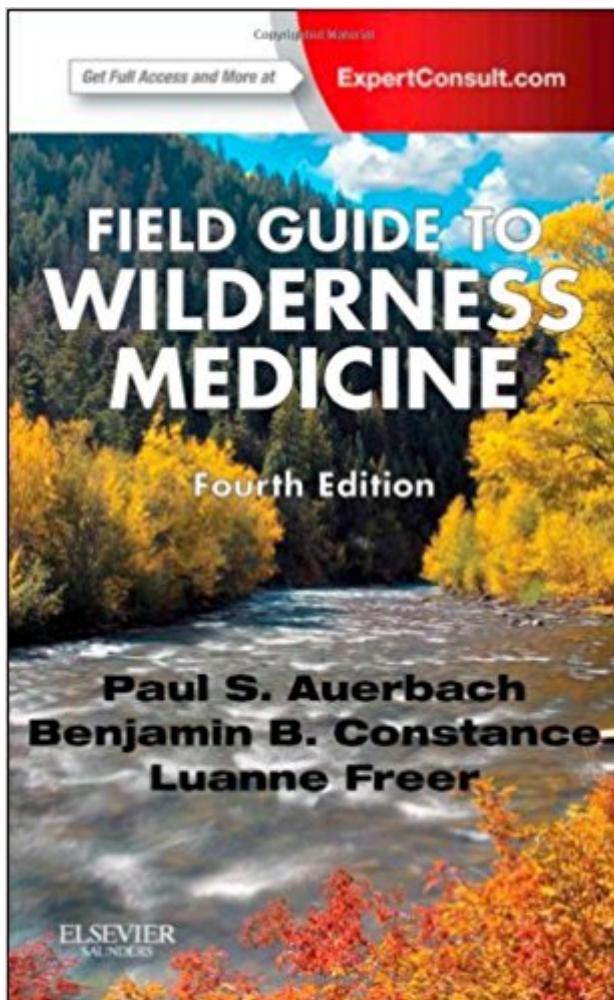


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# Field Guide To Wilderness Medicine: Expert Consult - Online And Print, 4e



## Synopsis

Field Guide to Wilderness Medicine - based on Dr. Auerbachâ™s critically acclaimed text *Wilderness Medicine* - offers fast-access solutions to all of the medical situations that can occur in non-traditional settings. From backpack to kayak, or on any mobile device, this indispensable, compact survival guide is detailed enough to cover the clinical presentation and treatment of a full range of wilderness emergencies! Meet a full-range of emergency situations with the utmost effectiveness. Appendices address everything from environment-specific situations to lists of essential supplies, medicines, and many additional topics of care. Compare what you are seeing with line drawings and color plates to quickly and accurately identify skin manifestations, plants, poisonous mushrooms, snakes, spiders, insects, etc. Rapidly retrieve and comprehend wilderness survival information with the aid of an easily accessible format featuring "Signs and Symptoms" and "Treatment" sections in most chapters - combined with bulleted lists and text boxes. Improvise with available materials so you can diagnose and treat a myriad of medical situations with step-by-step how-to explanations and the latest practical advice from wilderness medicine experts. Get guidance on the go with online access to the fully searchable text at Expert Consult, plus bonus downloadable files for Survival Kits. Get the wilderness medicine skills you need now with new chapters on foot problems and care, global humanitarian relief and disaster medicine, Leave No Trace principles, and high-altitude medicine, as well as lists to prepare a variety of survival kits for different settings and patient populations. Improve your competency and readiness with thoroughly revised chapters on shock, maxillofacial trauma, malaria, improvised litters and carries, aeromedical transport, pain management, life-threatening emergencies, and allergic reactions.

## Book Information

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## Customer Reviews

This is not really a field guide at over 1000 pages! Compared to other field guides I own, I would have to say that it is over informative, with the reader requiring a high degree of first aid knowledge, and in some cases, resources. It would have been better to have the line drawings throughout the book as colour pictures (and more of them) rather than having the colour plates at the start, some of which I thought were irrelevant. As an abbreviated version of the authors text book, which is a tome in itself, this is ok, but it is certainly not concise, simple, lightweight and easy to use, which is what I look for when backpacking.

I am a retired physician who specialized in Physical Medicine and Rehabilitation, a field far on the other end of the spectrum of care from emergency or field medicine. Looking for a resource allowing me to be useful in emergencies for church outings or family hiking, I discovered this remarkable textbook. The organization of topics was well thought out, with sections covering specific circumstances such as altitude sickness or tropical medicine as well as more general chapters on approach to emergencies and splints and bandages. I especially appreciated the listing of what can and should go into complete first aid kits.

This manual is a great reference for those that wish to provide medical care in a wilderness or austere environment. This is not a "Boy Scout" first aid manual (yes, I am an Eagle Scout) and requires a medical background to apply this knowledge to hands on skills.

As an Advanced E.M.T. And rescue scuba diver I travel off the beaten path with many groups and gladly help when needed. I've performed successful CPR in Germany and prevented numerous bad scenarios from getting worse. Dr. Auerbach's book is the most comprehensive field guide I've seen to date from my view point.

This book is more than I expected. Love it. This book gives you what you expect + details pertaining to all those things you would forget to consider--Like knot tying--That could save you in a crunch. Enjoy!

This book has everything I'm looking for! Contains online access also. Excellent new chapters, updated materials. Better images than prior editions. I have used prior editions for ski patrol and outdoor events, and this edition does not disappoint. The kindle version is perfect for keeping on your phone or iPad mini for travel / expedition medicine if the paperback version is too heavy to carry long distances.

Excellent book for the "Go" Bag. I have been an EMT for over a decade and wish I would have found this excellent manual sooner.

Superb resource that covers pretty much every possible wilderness medicine topic you can think of and even some you wouldn't have considered. There are 64 chapters at your disposal so be prepared for some reading. This doesn't include the various appendices that are also included. If you're interested in wilderness medicine this is an excellent reference book. There are some things the layperson may have to skip over such as medicine administration but most of the information is usable across the board. There is a wealth of knowledge inside and I highly recommend this.

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